CHEF GILLES' ROASTED GARLIC, THYME & CARAMELIZED ONION HUMMUS

Portions: 2 3/4 cups (44 servings)



	Ingredients	1'
	Hummus	
	1 can	of chickpeas
	1 head	of garlic
	1/2 cup	of olive oil
	1/4 cup	of tahini
	4 tbsp	of fresh thyme
	1 heaping tsp	of cumin
	1	juice of one lemon
		salt and pepper to taste
		thyme and sesame seeds
	Caramelized onions	
	2	white onions
	2 tbsp	of olive oil
	2 tbsp	of butter
	2 tbsp	of balsamic vinegar
		a pinch of salt and pepper
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Directions Preheat the oven to 400F. Start by roasting your garlic.

- Cut off the top end off of the garlic head, place in a small baking dish, and drizzle with olive oil.
- Bake for 50-60 minutes.

Next start to caramelize the onions, they take about 20-30 minutes.

- Roughly chop the onion into small slices and add the olive oil and butter to a pan over medium heat on the stove. Once the butter has melted and the oil is hot add the onions.
- Cook the onion at medium heat for about 5 minutes, then turn the heat down to a medium to low heat.
- Add the balsamic vinegar, salt, pepper, cook down till deeply browned and reduced more than half in size.
- Set aside.

Once the garlic is done, take out of the oven and peel the roasted garlic pieces out of the shell.

Hummus.

Add all of the hummus ingredients to a blender, including the roasted garlic and blend, adding water or more
olive oil as needed to smooth the hummus out.

Serve.

- This recipe doubles well for larger gatherings.
- Pour the hummus into a serving dish and top with the caramelized onion, a drizzle of olive oil, a sprinkling of sesame seeds and some extra fresh thyme.
- Serve with a toasted baguette, crackers, tortilla chips or veggies.

Bon appétit,